



# Welcome to Cleeve Hill

## Ranking Regional Event & SW Galoppen

### Sunday 23<sup>rd</sup> May 2010



**SI electronic punching and flexible start times are being used at this Event. Please note the following information and instructions:**

**Travel directions:** The Parking and Assembly field is situated off the B4632 between Cheltenham and Winchcombe at SO989276; nearest postcode GL52 3PP. There will be signs on the approach from both directions.

**Dogs:** Dogs allowed but to be kept under close control due to the presence of ground nesting birds on the common.

**Facilities:** Parking and assembly are in the same level field. A parking fee of £2 per car will be collected on entry to the field. First aid (provided by St John ambulance), and toilets will be located here. Ultrasport will be present for your equipment needs and the SW Junior Squad shop will be selling O kit, cake and drinks. The Start is about 800m from the field entrance: across the B4632 and on up past the golf Clubhouse (allow about 15 mins). The Finish and String Course are both close to the Start

Course	Suggested age Classes (ASOA Year Groups)	Distance	Climb	Controls
<b>Brown</b>	M18, M20, M21, M35, M40, M45, W21 (No ASOA class)	10.1 km	450m	28
<b>Blue</b>	M16, M50, M55, M60, W18, W20, W35, W40, W45, M21S, M35S, M40S, M45S, M18S, M20S, W21S (Boys Y12 &13)	7.5 km	335m	22
<b>Green</b>	M65, M70, W16, W50, W55, W60, M50S, M55S, W35S, W40S (Boys Y11, Girls Y12/13)	4.9 km	265m	19
<b>Short Green</b>	M75, M80, M85, W65, W70, W75, W80, W85, M60S, M65S, W45S, W18S, W20S	3.8 km	210m	17
<b>Light Green</b>	M14, W14, M16B, W16B (Y10 & Girls Y11)	3.8 km	165m	13
<b>Orange</b>	M12, W12, M14B, W14B (Years 8/9)	3.6 km	125m	14
<b>Yellow</b>	M10, W10, M12B, W12B (Year 7)	2.2 km	90m	11
<b>White</b>	M10B, W10B (Years 5/6)	1.7 km	75m	12

**Map:** A4 size, 1:10,000 pre-printed, waterproof, not bagged, overprinted with courses. Control descriptions will be printed on the map. Loose IOF control descriptions (text for White/Yellow and Orange courses) and maps for the White and Yellow courses will be available at registration.

**Safety:** Whistles will be compulsory for all. In the event of bad weather, cagoules may be compulsory.

There are some steep slopes and unfenced dangerous cliffs - take care.

There are adders on certain parts of the common: junior courses avoid all known areas, but competitors should keep their eyes open and avoid approaching any they see.

A "buddy" system will operate as the initial check on competitor safety. Please inform the Organiser of any competitor considered overdue. Sole travellers may leave their car keys at Registration if they wish. Our computer system provides the final safety check so it is imperative that you report to the Download and register your return even if you retire from the event.

**Entries:** Entry fees. Senior: £8 (£2.00 discount for eligible British Orienteering members) – PLEASE REMEMBER TO TAKE YOUR BOF MEMBERSHIP CARD TO REGISTRATION. Junior / student: £3.  
SI hire: £1.00 (Juniors free). Lost cards will be charged at £25.00 each

**Registration:** Complete an Entry Slip for each competitor before going to Registration. (Additional forms available adjacent to registration). Then take your slip and your own SI card if you are using it to the marquee, and proceed along the tables:  
(1) Show your completed Entry Slip for checking and map allocation purposes.  
(2) Collect hire dibber if needed. Its SI number will be written on your registration form.  
(3) Pay for your entry.  
(4) Hand in your Entry Slip at the Download tent before you go to the Start. You will be asked to 'dib' the master station.

**String Course:** There is a string course which is sited near the start; unfortunately it is not suitable for pushchairs.

**Starts:** **Available from 10.30 until 12.30**  
- CLEAR your SI card in the pre -start area  
- Join the queue in the pre-start lane for your course. ASOA runners from the same school on the same course must start at least 3 minutes apart.  
- Starts are at one-minute intervals; follow the instructions of the Start team. Timing starts when you punch the Start control.

**On the course:** There are a number of very small out-of-bounds areas not marked on the map as they are generally too small to do so. They are marked on the ground with yellow and black tape – please do not enter these areas.

There are many paths in the area and it is not possible to map them all. Small gorse thickets have not been mapped either.

We share Cleeve Common with the golf course. The courses are planned such that it is not necessary to cross tees, greens or fairways except on main paths. Please do NOT under any circumstances cross greens (marked yellow on the map - these are very smooth grass with flags located somewhere on them!). Please be courteous to golfers and beware of golf balls

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Finish. Don't forget to 'dib' at the Finish control and return to the Download tent in the parking field, before returning to your car, and to return hired SI cards.

Results Results will be on display in the parking field and after the event on [www.ngoc.org.uk](http://www.ngoc.org.uk)

Post – run: There are good tea-rooms nearby: e.g. The Old Tea House in Hailes St, Winchcombe, or Blooms Garden Centre on the Bishop's Cleeve to Cheltenham road.

**Enjoy your run and your day at Cleeve Hill**

Planner - Neil Cameron (NGOC)

Controller - David May (SLOW)

Organiser - Steve Williams (01242 571589 before 21:00 or [steve@williams99.plus.com](mailto:steve@williams99.plus.com))

Please print and complete the entry slips below and bring to the event to speed your registration (extra forms will be available on the day)

Please complete one form for each competitor in <b>CAPITAL</b> letters prior to going to registration				
First name	Surname	IF YOU NEED TO HIRE AN SI CARD (DIBBER) YOU MUST COMPLETE THESE BOXES Hire charge – Adults £1 / Juniors free		COURSE
School or Club	Telephone			White
School Year Group or Age Class	Address			Yellow
BOF membership no.				Orange
Vehicle Reg no.	LOST SI CARDS WILL BE CHARGED AT £25			Light green
Own SI card no.	Hired SI Card no.			Short green
				Green
				Blue
				Brown

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